



# Mountain Ear

MONTHLY NEWSLETTER OF THE ROCKY MOUNTAINEERS  
OF WESTERN MONTANA

MAY, 1982  
VOL. 21, NO. 6

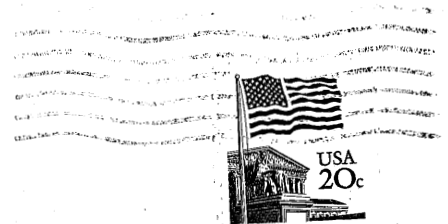
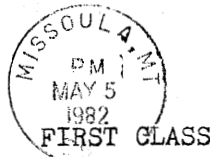
WEDNESDAY, MAY 12: Meeting at the Montana Power Co.,  
1903 Russell, 7:30PM. "Odyssey In Nepal", slide show  
presented by MarieAnge & Christopher Buzan.  
Refreshments too!

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Election of officers for 1982-83 will take place at  
this May meeting.

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THE MOUNTAIN EAR  
P.O. Box 4262  
Missoula, MT 59803



Dave Line  
1135 Whitaker Dr.  
Missoula, MT 59803

THE MOUNTAIN EAR

Newsletter of the Rocky Mountaineers of Western Montana: out-of-doors-activity club welcoming hikers, campers, climbers, bicyclers, canoeists, river floaters, ski tourers, down-hill skiers, snow shoes and arm chair mountaineers. Subscription by membership: \$5.00 single annual membership \$7.50 family annual membership

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SCHEDULE OF TRIPS

May 23: Flower hike. Call Virginia Vincent 543-8078 for information.

June 5: Mt Sentinel via Crazy Canyon. Easy, family hike. Meet at 11:00AM Spartan Park Municipal Pool Parking Lot. Mary Ann Schipf, leader 728-2995.

\*\*\* June 6: Clearwater from Seeley Lk to Salmon Lk. Family & inexperienced swimmers. --- call Sharon Howe 543-4200

June 6: Lolo Peak Ski Trip. Expert trip-all day. Myra Bair 728-3616.

June 12: Blue Mountain. Easy hike. Allison Easterling 728-5145.

June 26: Eagle Pass. Moderate ability. Martha Yale 549-2163.

July 10: Lappi Lake. Moderate day hike. Charles Hama 549-0463.

Mid-July: Big Hole, Ajax Mountain. Strenuous trip. Will be overnight pack trip. Bob Benson 549-1426.

July 17: Chaffin Creek. Moderate trip. Martha Yale 549-2163.

July 18: Petersen Lake. Moderate 8 Mile Round Trip. Nancy DeCou 728-5376

August 11: Potluck. Bring food for 6 people & eating gear. 2526 Spurgin Rd., Mary Ambrose 543-7566.

August 15: Cliff Lake. Bring buckets for huckleberries. Meet at 8AM KMart parking lot on 93. Bring your lunch. Moderate. Susan Brownlow 251-5229.

Please call one of the officers if you will lead a trip this summer or spring. The trip announcement will be placed in "Around Missoula" column in The Missoulian.

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TRIP CLASSIFICATION: EASY--under 8 miles round trip; good trail; suitable for family participation(+6 yrs. old)

MODERATE--approx. 8-16 miles; may be steep terrain or some off-trail or overnight backpack (recent experience desirable).

Expert--long, steep or indefinite mileage; rough or no trail (experienced out doors person in good shape!)

ALL PARTICIPANTS SHOULD BE PREPARED FOR UNPREDICTABLE CONDITIONS!!

\*\*\*\*\*

Please contact trip leader in advance to confirm trip and conditions. The leaders do have the option of limiting the number of participants. IT IS HOPED THAT VEHICLES WILL BE POOLED AND THE COST OF GAS SHARED.

\*\*\*\*\*

The club has a 4 or 5 person tent for rent. Inquire at the May Meeting.

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This is your publication. Articles, maps, recipes, equipment information, black & white glossy photos and trip write-ups are all appreciated. Please send to: The Mountain Ear  
P.O. Box 4262  
Missoula, MT 59801

SAFETY HINT.....

It is better to carry a clear head on your shoulders than a big pack on your back! In going alone into the forest, go prepared to get lost... A fish line and a few hooks, matches in a waterproof box, a compass, a map and a little concentrated food and a strong knife may save a lot of grief.....

CRUNCHY GRANOLA (Paula Braun)  
THE MOUNTAIN EAR-MAY, 1971

Combine: 4 cups rolled oats  
1 cup chopped nuts  
3/4 cup unsweetened coconut, optional  
1/2 c. flax seeds  
1/2 c. bran  
1 c. sunflower seeds  
1/2 c. sesame seeds  
1/2 c. wheat germ  
1/2 c. ground roasted soybeans  
(bean granules)

Mix and Heat:

1/2 c. oil  
1/2 c. honey  
1 tsp. vanilla

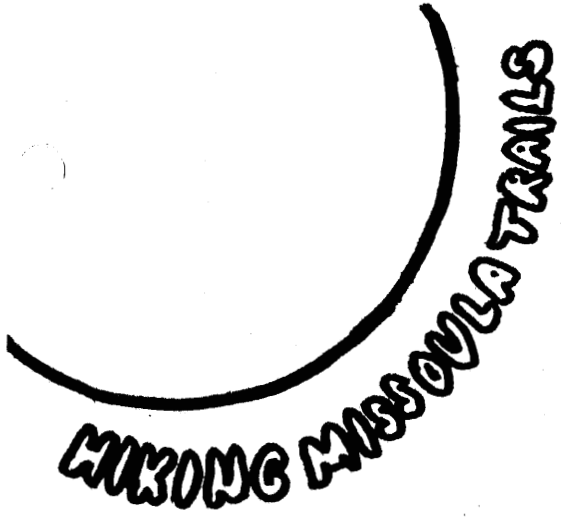
Mix together in a large bowl. Salt if desired. Mixture will be dry. Spread out on cookie sheet and bake 20 min. 325-350. Turn occasionally until brown... Good as light weight, healthy, filling snack. Also good with milk and sugar as a cereal.....

1981-82 OFFICERS

PRESIDENT: Rob Holden 543-5545  
SECRETARY: "Andy" Beals 543-2496  
TREASURER: Arnold Finklin 543-8705  
VICE-PRESIDENT: Bud Jordan 549-8258  
PAST PRESIDENT: Sharon Howe 543-4200  
(Mountain Ear editor-Jean Doerr 721-7582)  
(Mountain Ear mailing-Ann Steffens 549-7743)

SCHEDULE OF TRIPS, continued--

\*\*\* June 6: Clearwater canoe trip--Good trip for anyone who has not done much river canoeing. Small rapids, big bends, beautiful scenery. Good trip for families--if you can swim. Call Sharon Howe 543-2400.



DAY HIKES...THREE NEARBY PEAKS

5. Sheep Mtn.: 7646 ft, 11 air miles to the northeast, 90 min. drive, a family hike with some steep pitches. Drive 15.5 miles to East Twin Cr. (about 8.9 miles from Bonner on Hiway 200) Drive through US Plywood logging camp & go about 7.5 miles to trail. Trail rises 2450 ft in about 4 miles. Trail is partly obliterated at about 1 mi. At about 2 mi. there are a couple of water-courses which make good lunch spots. The second is on a rock & moss outcrop with a fine view of the Potomac Valley to the east. From the top, the Rattlesnake & Bitterroot Mtns. can be seen.

FOUR GOOD HIKES . . . AND EASY !

1. Waterworks Hill; Just north of Interstate 90 in downtown Missoula, park the car and walk across open fields on easy slopes.
2. The Saddle: north of Mt. Jumbo and northeast of Missoula, reached from Lincoln Hills Drive in the Rattlesnake. Beautiful views of the Rattlesnake Valley, Missoula & East Missoula.
3. Sunset Knoll Country: south of Missoula above Ben Hogan Drive. A panorama of Missoula Valley.
4. Mt. Sentinel: directly east of the University of Montana, good zigzagging trail to the cement-letter "M", 200 ft higher and a short walk to the north for an eye-catching view of the Clark-Fork River in Hellgate Canyon. Keep going further 1,000 feet in elevation and you are on top.

6. Squaw Peak: 7,996 ft, 23 air miles to the northwest, 90-min. drive, a family hike, reached from Edith Peak Road at the Reservation Divide. Trail 746 leaves the road just south of the divide, a timbered trail for two miles, then breaks into open timber and boulder fields. Leave the trail for an hour's steep climbing to the summit, 1,800 ft above the Divide.

7. Lolo Peak: 9,096 ft, 12 air miles to the southwest for the more dedicated mountaineer, reached from Mormon Peak Road, an unmarked dirt road 3.7 miles west of Lolo on U.S. 12. Trail 310 begins 8.6 miles up the road at the saddle. (1.5 miles east is Mormon Peak Lookout, one of the best viewing spots around)...About 20 minutes up the trail the Rocky Mountaineers have cut a path through the timber to the left going directly up the slope. Some flagging, but route is not marked adequately, and can be lost on the return. There is a waterhole in a shallow depression in the hillside on the left about three-fourths the distance up to the ridge. From the top of ridge, two hours' climb and 2,000 ft above the car, one follows the ridge to the right. The north summit of Lolo Peak becomes apparent to the southwest across Carlton Lake & one can pick his own route depending upon his hiking interests and abilities. Another two hours to the summit, plus a walk of .5 mile across a shallow swayback to the south summit is rewarding with views of One Horse Basin, Sweeney Peak, & St. Joseph Peak, higher to the south.

**campus recreation**

1977



UNIVERSITY OF MONTANA  
MISSOULA, MONTANA  
59812

# Backpack

## HEADQUARTERS


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BACKPACK FOODS  
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\*BRING YOUR BOOTS IN NOW FOR REPAIR\*

Hiking and Climbing  
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and Resoled  
Leather care, "VIBRAM," Accessories,  
\*Zippers, too

# HANSEN'S

Since 1935

FAMOUS ICE CREAM STORE  
519 S. Higgins 549-6825

OPEN 9:30AM-11:00PM DAILY

\*\*\*\*\*

GEORGE & SHARON HOWE INVITE YOU  
to stop in & enjoy  
SOME OF THE GOOD ICE CREAM SERVED AT  
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GOOD BREAKFASTS & LUNCHESES SERVED  
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since 1935.

We have operated it for a year.

----Enjoy our art deco atmosphere  
& beautiful walnut backbar and counter.----

HONEY ICE CREAM IS OUR SPECIALTY  
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